English IRC 17

Mens 50-59 Lwt

2000m

Results taken from the following races: Race 16

Rank	Competitor			Finish Time		
1	Mark Elleringto	on M50-59L			06:59.4	Chester le Street ARC
	500m	01:44.9	01:44.9	+0.6	3	
	1000m	03:29.6	01:44.7	0.0	=1	
	1500m	05:14.2	01:44.6	+0.6	2	
	2000m	06:59.4	01:45.2	0.0	1	
2	Martin Skehan	M50-59L			07:02.3	GymMostyn
	500m	01:44.3	01:44.3	0.0	1	
	1000m	03:29.8	01:45.5	+0.2	3	
	1500m	05:16.2	01:46.4	+2.6	3	
	2000m	07:02.3	01:46.2	+2.9	2	
3	Mark Chapman	M50-59L			07:03.9	Crowborough
	500m	01:44.6	01:44.6	+0.3	2	
	1000m	03:29.6	01:45.0	0.0	=1	
	1500m	05:13.6	01:44.0	0.0	1	
	2000m	07:03.9	01:50.2	+4.5	3	
4	Rod Chinn M5	50-59L			07:05.9	Sub 7
	500m	01:46.0	01:46.0	+1.7	4	
	1000m	03:31.7	01:45.7	+2.1	4	
	1500m	05:19.2	01:47.5	+5.6	4	
	2000m	07:05.9	01:46.6	+6.5	4	
5	Adrian Walker	M50-59L			07:07.0	Settle
	500m	01:46.5	01:46.5	+2.2	5	
	1000m	03:33.9	01:47.4	+4.3	5	
	1500m	05:21.4	01:47.5	+7.8	5	
	2000m	07:07.0	01:45.6	+7.6	5	
6	Mike Beard M	50-59L			07:11.5	Fitness Matters, Exeter
	500m	01:48.0	01:48.0	+3.7	6	
	1000m	03:36.4	01:48.4	+6.8	6	
	1500m	05:25.9	01:49.5	+12.3	6	
	2000m	07:11.5	01:45.6	+12.1	6	
7	David Plumb	M50-59L			07:18.3	Free Spirits
	500m	01:51.5	01:51.5	+7.2	8	
	1000m	03:42.8	01:51.3	+13.2	8	
	1500m	05:32.8	01:50.0	+19.2	8	
	2000m	07:18.3	01:45.5	+18.9	7	
8	Derrick Towell	M50-59L			07:19.9	Seal PT
	500m	01:49.7	01:49.7	+5.4	7	
	1000m	03:41.0	01:51.3	+11.4	7	
	1500m	05:31.6	01:50.6	+18.0	7	
	2000m	07:19.9	01:48.4	+20.5	8	