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**Phil Bolton**

Bsc (Hons) Sports Therapist



**PBPERFORMANCE**

rehabilitation | massage | training

[www.pb-performance.co.uk](http://www.pb-performance.co.uk)

- Sports Massage
- Injury Rehabilitation
- Fitness Training
- Performance Testing

# Sports Massage

**£10.00**

**Phil Bolton: Graduate Sports Therapist**



Sports massage sessions will now be taking place during;  
**The English Indoor Rowing Championships @ The  
Velodrome, on the 12<sup>th</sup> February 2012**

The sessions are based on a drop-in service.

Each session will last for around a 20 minute period and priced at £10.00, additional slots can be booked for example you can book 2 slots which is 40 minutes for £20.00.

For Further information on how Sports Massage could benefit you, please don't hesitate to get in touch

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