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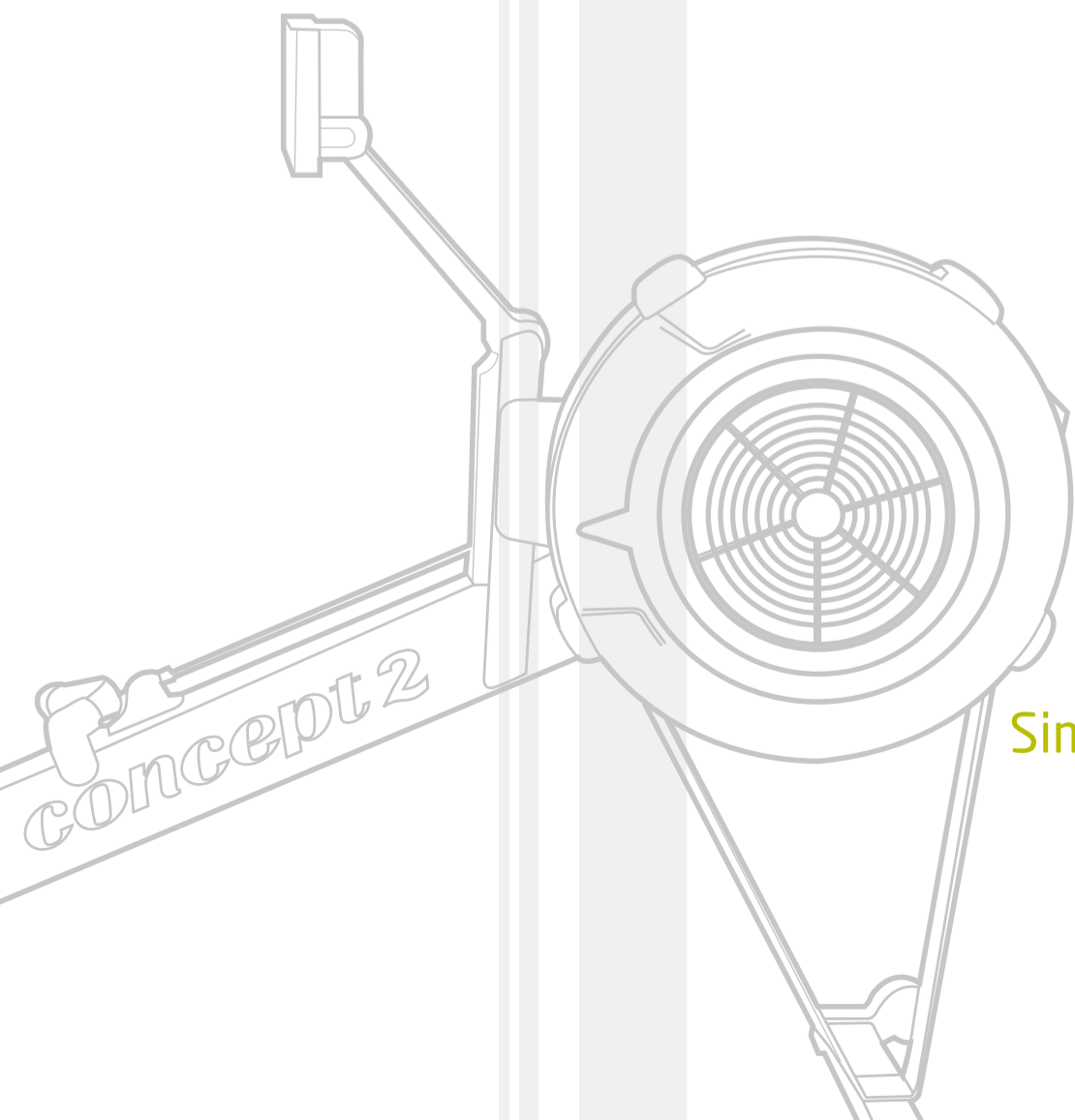


# JANUARY

The Gut Buster (10,000m)

Overeaten during Christmas? This is the perfect New Year antidote. It will burn between 750 and 1250 calories or to put it another way between 3 and 5 mince pies!

Entries close (11pm)  
**1ST FEBRUARY 2013**



Want to know more?

Simply visit [concept2.co.uk/challengeseries](http://concept2.co.uk/challengeseries)

